



Name _____

Date _____

Teacher _____

Class _____

Be Yourself

I enjoyed reading a story by Viola Casales "Taco Heat." The story is mostly about a girl who eats tacos and another girl bullying her. But if you use your brain and really think about it, you'll realize that the story is telling the reader - don't let other people manipulate you. You don't have to do what they want you to do. You do what you want to do and what you think is right. Don't try to please others, but please yourself. Just make sure what you do is proper.

Sofia, a girl from the story, doesn't want anyone to know she's eating tacos. The other kids (except for some) don't like people who eat tacos. They think it's gross and that's how she feels. She doesn't want to be teased. She's a girl who is teased.

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Some kids at Angela's PE classes. She thought Sofia was stupid. She thought Sofia was stupid. She thought Sofia was stupid. She thought Sofia was stupid. She thought Sofia was stupid.



With the help of Coach Clarke, Sofia began thinking things differently. Coach Clarke has a different point of view. In the beginning, Sofia was afraid to eat tacos in front of everyone and wanted to get the girl back. In the end, Sofia was not afraid to eat tacos in front of everyone and she got the girl back, but in a positive way. Her story is...

I have learned that you got to think things into a positive way. Sometimes it's hard to think positive, but you can try. Thinking in a positive way can make your life easier. Sofia was a girl who the girl to get back, the girl would have hated Sofia eventually. Coach Clarke had made Sofia's life easier by teaching her in a positive way.

I believe that Sofia could always be a good girl and be positive. Be proud of who you are and what you are. Sofia is a good example. You should see Coach Clarke as your coach, like the Coach Clarke.